DISTANCE EDUCATION

M.Sc. (Psychology) DEGREE EXAMINATION, MAY 2024.

First Semester

THEORETICAL PERSPECTIVES IN PSYCHOLOGY

(CBCS 2018 – 2019 Academic Year Onwards)

Time : Three hours

Maximum : 75 marks

PART A — $(10 \times 2 = 20 \text{ marks})$

- 1. Define the term personality.
- 2. State four fundamental factors which are important in the process of learning in Miller and Dollard's Theory of Personality.
- 3. What is the most prominent need as per David McClelland?
- 4. State George Kelly's theory of personal constructs in brief.
- 5. State the cognitive balance theory as given by Fritz Heider.
- 6. What is the concept of personality in the Rig Veda?
- 7. Mention the three major types of memory.
- 8. Define attention.

- 9. Define perceptual constancy.
- 10. Write short note on constructivism.

Answer ALL questions, choosing either (a) or (b).

11. (a) Explain Adler's Theory.

Or

- (b) State the postulate of Hull's theory.
- 12. (a) State the basic assumptions of McClelland's Theory of Needs.

Or

- (b) Discuss Kelly's theory of personal constructs.
- 13. (a) What was the experiment conducted by Festinger to test cognitive dissonance theory?

Or

- (b) Describe the basic principles of social learning.
- 14. (a) Explain the Hindu and Jain theory of motivation.

Or

- (b) Role of the School and Teachers in Promoting Creativity in Children.
- 15. (a) Discuss any two theories of attention.

Or

(b) Discuss in detail about 20th century psychology in India and future perspectives.

 $\mathbf{2}$

PART C — $(3 \times 10 = 30 \text{ marks})$

Answer any THREE questions.

- 16. Explain Neo-Freudian Approaches.
- 17. Briefly discuss Rotter's minimal goal level and generalized expectancies.
- 18. Analyse Clayton Alderfer's ERG Theory. How is it like or different from Maslow's model?
- 19. Analyse the contribution of Advaita, Buddhist, Jain, and Upanishads in the application of motivation and personality.
- 20. Enumerate the various approaches to the study of perception.

DISTANCE EDUCATION

M.Sc. (Psychology) DEGREE EXAMINATION, MAY 2024.

First Semester

LIFE SPAN PSYCHOLOGY

(CBCS 2018 - 2019 Academic Year Onwards)

Time : Three hours

Maximum : 75 marks

PART A — $(10 \times 2 = 20 \text{ marks})$

- 1. What do you mean by personality?
- 2. Define creativity.
- 3. What do you mean by 'Life Span Psychology'?
- 4. Define : Altruism.
- 5. Mention the major characteristics of concrete operational thought.
- 6. How does school affect children's cognitive development?
- 7. Give the reasons for child obesity.
- 8. Differentiate stress and anxiety.
- 9. Write short note on ADHA.
- 10. Describe Communication.

Answer ALL questions, choosing either (a) or (b).

11. (a) Explain Freud's psychological stages of development.

Or

- (b) Mention the teenage problems faced by our teenagers.
- 12. (a) Explain the motor functions in old age.

Or

- (b) List out the preventive measures for HIV.
- 13. (a) Write a short note on stages of prenatal development.

Or

- (b) Describe the psychological causes of eating disorder.
- 14. (a) List out the various stages of child birth and give the significance of prenatal diagnostic test.

Or

- (b) Describe aggression. Enlighten how will you manage the aggression in a systematic way.
- 15. (a) Compile on contribution of Piaget's in the area of language acquisition.

 \mathbf{Or}

(b) Describe the types of group task performance.

 $\mathbf{2}$

PART C — (3 × 10 = 30 marks)

Answer any THREE questions.

- 16. Explain Piaget's cognitive stages of development.
- 17. Describe the theoretical perspectives in development psychology.
- 18. Elaborate the process of motor skill development in the adulthood stage.
- 19. Clarify in detail about psychosexual stages of development.
- 20. "Adolesence is the period of stress and storm" Justify.

3

Sub. Code 36313

DISTANCE EDUCATION

M.Sc. (Psychology) DEGREE EXAMINATION, MAY 2024.

First Semester

SOCIAL PSYCHOLOGY

(CBCS 2018 - 2019 Academic Year Onwards)

Time : Three hours

Maximum : 75 marks

PART A — $(10 \times 2 = 20 \text{ marks})$

- 1. What do you mean by Social Psychology?
- 2. What is culture?
- 3. What is meant by Social Behaviour?
- 4. What is self-perception?
- 5. Write a brief note on attitude.
- 6. What is prejudice?
- 7. Define social cognition.
- 8. How can one be persuaded?
- 9. Enlist the components of non-verbal communication.
- 10. What is conflict?

Answer ALL questions, choosing either (a) or (b).

11. (a) Explain the scope of social psychology.

Or

- (b) What are the four basic steps in social interaction?
- 12. (a) What are the determinants of aggression?

Or

- (b) Examine the benefits of altruistic behaviour.
- 13. (a) Describe the importance of attitude in changing our thoughts.

Or

- (b) Explain the bases of conformity.
- 14. (a) What are the factors influencing external perception?

Or

- (b) Discuss Kelley's attribution theory.
- 15. (a) Describe various types of groups.

Or

(b) Analyse the relationship between frustration and aggression.

 $\mathbf{2}$

PART C — (3 × 10 = 30 marks)

Answer any THREE questions.

- 16. Analyse the history of social psychology.
- 17. 'Attitude is everything' Justify.
- 18. Examine the reasons for group conflicts and suggest ways to resolve them.
- 19. Discuss the significance of role models in developing helping behaviour with examples.
- 20. How do groups help in reducing anxiety in people? Illustrate with examples.

Sub. Code 36321

DISTANCE EDUCATION

M.Sc. (Psychology) DEGREE EXAMINATION, MAY 2024.

Second Semester

THEORIES OF PERSONALITY

(CBCS 2018 - 2019 Academic Year Onwards)

Time : Three hours

Maximum : 75 marks

PART A — $(10 \times 2 = 20 \text{ marks})$

- 1. What is meant by personality stability?
- 2. Draw the structure of personality.
- 3. Write short note on the style of life.
- 4. Write the development of the self in childhood.
- 5. Define Dynamic traits.
- 6. What is psychoticism?
- 7. What do you mean by self-efficacy?
- 8. What is superstitions behavour?
- 9. What is meant by social learning?
- 10. Write the concept of classical psychoanalysis.

Answer ALL questions, choosing either (a) or (b).

11. (a) Describe the dynamics of personality.

Or

- (b) Explain the development of personality.
- 12. (a) Differentiate between the productive and non-productive character types.

Or

- (b) What are the characteristics of fully functioning persons?
- 13. (a) Explain the motivating forces.

Or

- (b) Discuss the ways of Anticipating life events.
- 14. (a) Describe the instinct theory.

Or

- (b) Explain the processes of observational learning.
- 15. (a) Describe the Kohlberg theory.

Or

(b) Write briefly on Nature of personality theory.

 $\mathbf{2}$

PART C — $(3 \times 10 = 30 \text{ marks})$

Answer any THREE questions.

- 16. Explain the Freud's classic psychoanalytic theory.
- 17. Describe the social learning theory of Albert Bandura.
- 18. Discuss the Cattell's approach to personality traits.
- 19. Explain the Erick Fromm theory of personality.
- 20. Describe current research focus in personality psychology.

DISTANCE EDUCATION

M.Sc. (Psychology) DEGREE EXAMINATION, MAY 2024.

Second Semester

RESEARCH METHODOLOGY

(CBCS 2018 - 2019 Academic Year Onwards)

Time : Three hours

Maximum : 75 marks

PART A — $(10 \times 2 = 20 \text{ marks})$

- 1. What is descriptive research? Give example.
- 2. How do you write a literature review for a corporate management?
- 3. What is census method?
- 4. What are the modes of data collection?
- 5. Write the difference between editing and coding.
- 6. Write the examples of research method and research methodology.
- 7. Define a research problem.
- 8. What are the factors to construct research tool?
- 9. Define : Kurtosis.
- 10. What are the non-parametric tests in SPSS?

Answer ALL questions, choosing either (a) or (b).

11. (a) What are the advantages of persons correlation?

Or

- (b) Write a brief note on Experimental research and it types with example.
- 12. (a) How do you write a research proposal?

 \mathbf{Or}

- (b) What is the purpose and conditions of parametric and non-parametric techniques?
- 13. (a) What are the guidelines for interpreting research data?

Or

- (b) How do you search for literature?
- 14. (a) Write the contributions of research in Social Science.

Or

- (b) How will you conduct an interview effectively?
- 15. (a) Write the differences between deductive and inductive methor.

Or

(b) Calculate standard deviation by direct.

25 27 31 32 35	
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PART C — (3 × 10 = 30 marks)

Answer any THREE questions.

- 16. Explain the types of research.
- 17. Explain probability and non-probability sampling techniques.
- 18. Define correlation and write the methods of correlation.
- 19. What is a research report? Write its steps and importance of a research report.
- 20. Find the mean and mean deviation for the following data :

 $C.I.: \ 31\text{-}35 \ \ 36\text{-}40 \ \ 41\text{-}45 \ \ 46\text{-}50 \ \ 51\text{-}55 \ \ 56\text{-}60$

f: 4 3 8 8 4 3

DISTANCE EDUCATION

M.Sc. (Psychology) DEGREE EXAMINATION, MAY 2024.

Second Semester

EDUCATIONAL PSYCHOLOGY

(CBCS 2018 - 2019 Academic Year Onwards)

Time : Three hours

Maximum : 75 marks

PART A — $(10 \times 2 = 20 \text{ marks})$

- 1. What is Psychology?
- 2. Define : Behaviour.
- 3. What is Cognition?
- 4. Define : Creative thinking.
- 5. Give a note on 'Value theory'.
- 6. What are social responsibility?
- 7. What do you mean by discipline?
- 8. How will you find out the creative children?
- 9. Define : Self regulation.
- 10. What is counselling?

Answer ALL questions, choosing either (a) or (b).

11. (a) Describe the branches of psychology.

Or

- (b) Write the implications of Thorndike's theories.
- 12. (a) Give the applications of Ausubel's learning theory.

Or

- (b) Explain the programme for teaching thinking.
- 13. (a) Describe the non-experimental methods in Educational psychology.

Or

- (b) Elaborate the Vygotsky's socio-cultural applications.
- 14. (a) Discuss the learner differences.

Or

- (b) Write about the children with special needs.
- 15. (a) Give the difference between classical conditioning and operant conditioning.

Or

(b) Describe the overall personality development.

 $\mathbf{2}$

PART C — $(3 \times 10 = 30 \text{ marks})$

Answer any THREE questions.

- 16. Briefly discuss the psychology of learning and Education.
- 17. Describe the Piaget's theory of learning.
- 18. Explain the thought on Emotion and Learning.
- 19. Discuss the classroom atmosphere and management.
- 20. Give the uses of Behaviour modification in School setting.

3

DISTANCE EDUCATION

M.Sc. (Psychology) DEGREE EXAMINATION, MAY 2024.

Second Semester

REHABILITATION PSYCHOLOGY

(CBCS 2018 - 2019 Academic Year Onwards)

Time : Three hours

Maximum : 75 marks

PART A — $(10 \times 2 = 20 \text{ marks})$

- 1. What is Augmentative therapy?
- 2. List the scope of Rehabilitation Psychology.
- 3. Write not on Socio Economic Rehabilitation.
- 4. Define Disability.
- 5. What is training need analysis?
- 6. List the characteristics of Non-Governmental organisation.
- 7. Give the aims of special education.
- 8. What types of technology helps people with disability?

- 9. What are the most popular work settings for psychologists?
- 10. Give the purpose of Multidisciplinary approach in Rehabilitation.

Answer ALL questions, choosing either (a) or (b).

11. (a) Explain the methods in Rehabilitation Psychology.

Or

- (b) Discuss Cognitive behavior therapy.
- 12. (a) Explain the life span development of persons with disabilities.

Or

- (b) Discuss the various types of disability.
- 13. (a) Describe the process in Addiction Rehabilitation.

Or

- (b) How will you plan and design psychological intervention?
- 14. (a) Explain the emerging trends in special Education.

Or

(b) Discuss the methods of Educational assessment and evaluation for persons with disabilities.

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15. (a) Explain the multidisciplinary approach to Rehabilitation.

Or

(b) Discuss the packages and services for various disabilities.

PART C — $(3 \times 10 = 30 \text{ marks})$

Answer any THREE questions.

- 16. Elaborate the professional competencies of Rehabilitation Psychologist.
- 17. Discuss the general and special functions of Rehabilitation Psychology.
- 18. Describe the Etiological factors responsible for disabilities.
- 19. Explain the factors influencing personality development of disabled individuals.
- 20. Discuss the various psychological problems and coping styles in Rehabilitation of persons with disabilities.

3

DISTANCE EDUCATION

M.Sc. (Psychology) DEGREE EXAMINATION, MAY 2024.

Third Semester

COGNITIVE NEURO PSYCHOLOGY

(CBCS 2018 - 2019 Academic Year Onwards)

Time : Three hours

Maximum : 75 marks

PART A — $(10 \times 2 = 20 \text{ marks})$

- 1. What is connectionism?
- 2. What is selective attention?
- 3. Name the lobes of brain.
- 4. List out the kinds of information.
- 5. List out the factors influencing memory.
- 6. What is neurofeedback?
- 7. What is brain injury?
- 8. What do you mean by inductive reasoning?
- 9. How memory distortion happens?
- 10. Define metacognition.

Answer ALL questions, choosing either (a) or (b).

11. (a) Explain memory improvement techniques.

Or

- (b) Describe the features of Artificial Intelligence.
- 12. (a) Write down problem solving operators.

Or

(b) Describe signal detection theory.

13. (a) Describe the implicit and explicit memory.

Or

- (b) Discuss about forgetting.
- 14. (a) Discuss functional modularity.

Or

- (b) Describe Neurodegenerative disorder.
- 15. (a) Describe function mind and brain relationship.

Or

(b) Describe template matching model.

PART C — $(3 \times 10 = 30 \text{ marks})$

Answer any THREE questions.

16. Write short notes on :

- (a) Filter theory.
- (b) Attenuation theory.

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- 17. Enumerate the cellular foundations of the nerve function.
- 18. Discuss in detail theories of perception.
- 19. Explain in detail concept and implications of metacognition.
- 20. Discuss in detail neuropsychological theory.

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Sub. Code 36332

DISTANCE EDUCATION

M.Sc. (Psychology) DEGREE EXAMINATION, MAY 2024.

Third Semester

COUNSELLING THEORIES AND TECHNIQUES

(CBCS 2018 - 2019 Academic Year Onwards)

Time : Three hours

Maximum : 75 marks

PART A — $(10 \times 2 = 20 \text{ marks})$

- 1. What is collaborative empiricism?
- 2. Define : Self psychology.
- 3. What do you mean by guidance?
- 4. What are the major goals of reality therapy?
- 5. What is transference?
- 6. Write a note on 'Dream Work'.
- 7. What is group counselling?
- 8. Define : Emotional behaviour.
- 9. Write any two goals of counselling.
- 10. List out tools of Assessment.

Answer ALL questions, choosing either (a) or (b).

11. (a) Explain Aaron Beck's cognitive therapy.

Or

- (b) Write a note on relaxation procedures.
- 12. (a) Enlist the characteristics of an effectives counsellor.

Or

- (b) Discuss the tools of assessment.
- 13. (a) Describe Watson's conditional behaviorism.

Or

- (b) Explain Freud's structure of personality.
- 14. (a) Discuss the goals of Gestalt counselling.

Or

- (b) Enlist the various settings in which a counsellor can work.
- 15. (a) Explain how psychoanalysis view of human nature.

Or

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(b) Discuss the basic characteristics of therapeutic process.

PART C — $(3 \times 10 = 30 \text{ marks})$

Answer any THREE questions.

- 16. Explain Pavlov's classical conditioning.
- 17. Describe the relations theory.
- 18. Explain thought stopping and variations.
- 19. Discuss about the problem solving technique.
- 20. Explain Jung's perspectives on the development of personality.

3

Sub. Code 36333

DISTANCE EDUCATION

M.Sc. (Psychology) DEGREE EXAMINATION, MAY 2024.

Third Semester

PSYCHOPATHOLOGY

(CBCS 2018 - 2019 Academic Year Onwards)

Time : Three hours

Maximum : 75 marks

PART A — $(10 \times 2 = 20 \text{ marks})$

- 1. Define Abnormal behaviour.
- 2. What is Panic disorder?
- 3. Write a note on bipolar disorders.
- 4. What is somatoform disorders?
- 5. List the types of Schizoprenia.
- 6. Comment on Behaviour therapy.
- 7. Give an account on Clinical Interview.
- 8. What is agorophobia?
- 9. List the types of Mood disorder.
- 10. Write note on Anorexia Nervosa.

Answer ALL questions, choosing either (a) or (b).

11. (a) Discuss the contemporary views of Abnormal behaviour.

Or

12. (a) Explain the types of bipolar Mood disorder.

Or

- (b) Discuss about depresonalisation disorder.
- 13. (a) Explain sexual arousal disorder.

\mathbf{Or}

- (b) Discuss the causes for personality disorder.
- 14. (a) Describe cognitive behaviour therapy.

Or

- (b) Discuss about selective interventions for prevention.
- 15. (a) Explain the types of sleep disorder.

Or

(b) Discuss the causes and treatment of eating disorder.

PART C — $(3 \times 10 = 30 \text{ marks})$

Answer any THREE questions.

- 16. Explain the types and causal factors of Anxiety disorder.
- 17. Discuss in detail about ICD-10 classification.

 $\mathbf{2}$

- 18. Explain the causes, clinical description and treatment for OCD.
- 19. Discuss the types, psychological and behavioural treatment for circadian rhythm sleep disorder.
- 20. Explain in detail about the types and treatment for somatoform disorders.

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DISTANCE EDUCATION

M.Sc. (Psychology) DEGREE EXAMINATION, MAY 2024.

Fourth Semester

ABNORMAL PSYCHOLOGY

(CBCS 2018 - 2019 Academic Year Onwards)

Time : Three hours

Maximum : 75 marks

PART A — $(10 \times 2 = 20 \text{ marks})$

- 1. Write any two criteria of Abnormal Behaviour.
- 2. State the meaning of Abnormality.
- 3. What is Cognitive disorders?
- 4. What is Schizophrenia?
- 5. Can you live a normal life with bipolar?
- 6. What causes abnormal behaviour?
- 7. What are causes of abnormal behaviour according to behaviourist?
- 8. What is Posttraumatic Stress Disorder (PTSD)?
- 9. What are the symptoms of autisms?
- 10. What is a sleep disorder?

Answer ALL questions, choosing either (a) or (b).

11. (a) Briefly state the five major perspectives on abnormal behaviour.

Or

- (b) Distinguish between DSM and ICD classification
- 12. (a) Briefly explain the meaning or concept of normality.

Or

- (b) Describe Alport's Concept of trait and the theory of personality.
- 13. (a) State the characteristics of mental retardation.

Or

- (b) What is intellectual disability? How it is to be diagnosed?
- 14. (a) Briefly explain the common symptoms of anxiety disorders.

\mathbf{Or}

- (b) State the difference between Somatoform and Dissociative disorders
- 15. (a) Discuss causes of cognitive disorders

Or

(b) Briefly state the consumer decision making process and its importance.

 $\mathbf{2}$

PART C — $(3 \times 10 = 30 \text{ marks})$

Answer any THREE questions.

- 16. What is Diagnostic and Statistical Manual (DSM)? Explain the five axes or dimensions.
- 17. What is Autism Spectrum Disorders? Explain the way to treat the Autism Spectrums Disorders of a child?
- 18. What is Psychosis? What are the most common causes of psychosis? How is psychos treated?
- 19. What is mood disorders? Explain its types.
- 20. What is brain disorders? Explain any four types of brain disorders.

3

DISTANCE EDUCATION

M.Sc. (Psychology) DEGREE EXAMINATION, MAY 2024.

Fourth Semester

ENVIRONMENTAL PSYCHOLOGY

(CBCS 2018 - 2019 Academic Year Onwards)

Time : Three hours

Maximum : 75 marks

SECTION A — $(10 \times 2 = 20 \text{ marks})$

- 1. What is the nature and scope of environmental psychology?
- 2. What are the role and functions of environmental psychologists?
- 3. How has environmental psychology changed the world?
- 4. What are the psychological benefits of nature?
- 5. What is the social psychological perspective in environmental psychology?
- 6. How does environmental perception influence behavior?
- 7. What are the effects of environmental stress on health?

- 8. How do whether and climate influence environmental risk perception?
- 9. What is sustainable design in Environmental psychology?
- 10. What is the role of media, practitioners and NGOs in changing behavior to save the environment?

SECTION B — $(5 \times 5 = 25 \text{ marks})$

Answer ALL questions, choosing either (a) or (b).

 (a) Discuss the role and functions of environmental psychologies in understanding the nature and scope of environmental psychology.

Or

- (b) Describe the scientific method used in environmental psychology research.
- 12. (a) Analyze the issues related to weather and climate in environmental psychology.

Or

- (b) Compare and contrast the social psychological perspectives of Urie Bronfenbrenner and Baker in Environmental psychology.
- 13. (a) Examine the spatio-physical dimensions of behavior in environmental psychology.

Or

(b) Explain the concept of sustainability and its connection to human health and well-being.

 $\mathbf{2}$

14. (a) Explain the concept of elementary psychophysics and its relevance to environmental perception.

Or

- (b) Explain the concept of the psychology of stress in relation to environmental context.
- 15. (a) Explain the concept of noise and its effects on human behavior and well-being.

 \mathbf{Or}

(b) Discuss the role of tobacco smoke as a pollutant and its effects on the environment and human health.

SECTION C — $(3 \times 10 = 30 \text{ marks})$

Answer any THREE questions.

- 16. Describe the nature, scope, history and focus of environmental psychology.
- 17. Explain the concepts of environmental perception and spatial cognition.
- 18. Explain the concept of sustainable design and its role in creating more habitable environment.
- 19. Analyze the effectiveness of media and NGO interventions in changing behavior and attitudes towards the environment.
- 20. Evaluate the adequacy of research methods used in environmental psychology.

3

Sub. Code 36343

DISTANCE EDUCATION

M.Sc. (Psychology) DEGREE EXAMINATION, MAY 2024.

Fourth Semester

POSITIVE PSYCHOLOGY

(CBCS 2018 - 2019 Academic Year Onwards)

Time : Three hours

Maximum : 75 marks

PART A — $(10 \times 2 = 20 \text{ marks})$

- 1. Define Positive Psychology.
- 2. What is hedonic happiness?
- 3. Enlist various positive emotions.
- 4. What do you mean by psychological well-being?
- 5. What is resilience?
- 6. What is optimism?
- 7. Define spirituality.
- 8. What is self-efficacy?
- 9. Write a short note on altruism.
- 10. What is stress?

Answer ALL questions, choosing either (a) or (b).

11. (a) Explain the goals of positive psychology.

Or

- (b) How does humanistic psychology influence the positive psychology?
- 12. (a) Explain the advantages of positive emotions.

Or

- (b) How can optimism be developed?
- 13. (a) Describe the components of positive schooling.

Or

- (b) What is the significance of self-esteem?
- 14. (a) Describe the functions of gratitude.

Or

(b) Why should we set goals in life?

15. (a) What is coping? Write about the types of coping.

Or

(b) How does family help the individuals to develop positive values?

 $\mathbf{2}$

PART C — (3 × 10 = 30 marks)

Answer any THREE questions.

- 16. Discuss the advantages of smile.
- 17. How does spirituality help to health and well-being? Describe.
- 18. Explain the significance of self-efficacy.
- 19. How can positive psychology be applied in parenting?
- 20. Discuss the barriers in developing strengths and virtues.

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Sub. Code 363441

DISTANCE EDUCATION

M.Sc. (Psychology) DEGREE EXAMINATION, MAY 2024.

Fourth Semester

HEALTH PSYCHOLOGY

(CBCS 2018-19 Academic Year onwards)

Time : Three hours

Maximum : 75 marks

PART A — $(10 \times 2 = 20 \text{ marks})$

- 1. Define health psychology.
- 2. What is the concept of health literacy?
- 3. What is health behaviour?
- 4. Define the term stress.
- 5. List out the types of stressors.
- 6. What is burnout?
- 7. Write a short note on BMI.
- 8. Define yoga asanas.
- 9. Write a note on well being.
- 10. What is Medical Model?

Answer ALL the questions by choosing either (a) or (b).

11. (a) Give a detailed account of health psychology.

Or

- (b) Explain the theories of stress.
- 12. (a) Explain the E-Health literacy.

Or

- (b) Explain the behavior changes in health psychology.
- 13. (a) Explain the theoretical change model.

Or

- (b) Discuss the Health Belief model.
- 14. (a) Discuss the evolution of the immune system.

Or

- (b) Explain the factors in Indian Health care.
- 15. (a) Analyse the role of immune system is health.

Or

(b) Discuss the Health-Locus of control.

PART C — $(3 \times 10 = 30 \text{ marks})$

Answer any THREE questions.

- 16. Explain the various dimensions of health.
- 17. How stress affects health? Discuss the various types of stress.

 $\mathbf{2}$

- 18. Examine models or theories of health promotion.
- 19. Critically assess the main causes of Coronary Health Disease (CHD) and how health psychology might provide effective interventions.
- 20. What is the holistic model of health? Write a note on factors that lead to dissatisfaction with the medical model.

DISTANCE EDUCATION

M.Sc. (Psychology) DEGREE EXAMINATION, MAY 2024.

Fourth Semester

ORGANISATIONAL PSYCHOLOGY

(CBCS 2018 - 2019 Academic Year Onwards)

Time : Three hours

Maximum : 75 marks

PART A — $(10 \times 2 = 20 \text{ marks})$

- 1. How is attitude related to behaviour?
- 2. What are the similarities among the models of organisational behaviour?
- 3. What are the stages of group formation?
- 4. What is the meaning of team work?
- 5. Define : Organisational power.
- 6. What is meant by stress management?
- 7. What is a destructive approach to conflict?
- 8. Who are maladjusted employees?
- 9. Write any three consequences of stress.
- 10. What is meant by absenteeism?

Answer ALL questions, choosing either (a) or (b).

11. (a) How will you assess the effectiveness of an organisations culture?

Or

- (b) Briefly explain the approaches to organizational behaviour.
- 12. (a) Bring out the difference between formal and informal organistaion.

Or

- (b) Write the characteristics of organisational power.
- 13. (a) How can you manage stress? Explain.

Or

- (b) What are the implications of organisational behaviour?
- 14. (a) Why organisational behaviour is important?

Or

- (b) What are the causes of maladjustment in the work place?
- 15. (a) What are the advantages of group behaviour?

Or

(b) What is the role of a counsellor in an organisation?

 $\mathbf{2}$

PART C — (3 × 10 = 30 marks)

Answer any THREE questions.

- 16. Explain the terms : Efficiency, effectiveness and excellence in organisational behaviour.
- 17. Explain the strategies for encouraging constructive conflict.
- 18. Describe the factors and impacts in an organisational polities.
- 19. Explain the types and barriers of communication.
- 20. Explain any two theories of group formation.

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